

PRO1 UPPER BODY EXERCISER WITH IFI ACCREDITATION AT STAGE 2

Key Features & Benefits

- Tactile console, colour coordinated adjustments including a red seat base, red handgrips and yellow knob adjustments and making it user friendly for those with a visual impairment
- Infinitely adjustable control head and console accommodating users of all heights to allow exercise while seated, standing or for overhead exercise
- Adjustable and reversible arm cranks for a greater range of movement and exercise variety
- Fully adjustable swivel seat with side handles making transfer safe and easy
- Seat is removable for standing exercise or for use with a wheelchair, stability ball or other balance-related accessory
- Comes with wheelchair ramps as standard for wheelchair access or standing exercises
- Only 6 watts of resistance needed to start and maintain programme function, ideal in rehab applications or for the 'not yet fit' user
- IFI Accredited



Specification	PRO1 IFI
Workout	Upper Body
Head	Adjustable
Cranks	Adjustable
Console	IFI Approved
Standard Seat	IFI Approved
Removable Seat	Yes
Wheelchair Platform	IFI Approved
Medical CE IIa Certification	No
Resistance	200 levels of bi-directional resistance adjustable in 0.1 increments
Programmes	Manual • Iso-Strength • Heart Rate • Constant Work • Random • Hill Profiles • Fit-Quik • Power Burst™ • Heart-Fit Test • Heart-Fit Training • Power-Fit Test • Power-Fit Training
Feedback	Heart Rate • Time • RPM • Calories • Distance • Level • Watts • METS
Power	Self-generating from just 6 watts with auto recharge and battery back up
Length	175.8cm
Width	82cm
Height	180cm
Weight	127kg
Max. User Capacity	204kg
Colour	Silver powder coated frame and grey metallic covers with UV protection
Warranty	3 years parts



inclusive fitness
accredited item
Stage 2 (2007-2014)



In association with the EFDS, this machine has been awarded Inclusive Fitness Accreditation at Stage 2 - the highest level of accreditation in the UK