

PRO1000 UPPER BODY EXERCISER

Key Features & Benefits

- Fixed-position height for ease of use
- Adjustable console angle to accommodate users at all positions
- Adjustable and reversible arm cranks for a greater range of movement and exercise variety
- Vertical seat adjustment with gas assisted lift and swivel
- Seat is removable for use with a wheelchair
- Only 6 watts of resistance needed to start and maintain programme function, ideal in rehab applications or for the 'not yet fit' user



Specification	PRO1000
Workout	Upper Body
Head	Fixed
Cranks	Adjustable
Console	Standard
Standard Seat	Swivel Seat
Removable Seat	Yes
Wheelchair Platform	Optional
Medical CE IIa Certification	No
Resistance	200 levels of bi-directional resistance adjustable in 0.1 increments
Programmes	Manual • Iso-Strength • Heart Rate • Constant Work • Random • Hill Profiles • Fit-Quik • Power Burst™ • Heart-Fit Test • Heart-Fit Training • Power-Fit Test • Power-Fit Training
Feedback	Heart Rate • Time • RPM • Calories • Distance • Level • Watts • METS
Power	Self-generating from just 6 watts with auto recharge and battery back up
Length	155cm
Width	76cm
Height	156cm
Weight	95kg
Max. User Capacity	204kg
Colour	Silver powder coated frame and grey metallic covers with UV protection
Warranty	3 years parts