

## PRO1 ADJUSTABLE UPPER BODY EXERCISER

### Key Features & Benefits

- Infinitely adjustable control head accommodating users of all heights to allow exercise while seated, standing or for overhead exercise
- Adjustable and reversible arm cranks for a greater range of movement and exercise variety
- Vertical seat adjustment with gas assisted lift and swivel
- Seat is removable for standing exercise or for use with a wheelchair, stability ball or other balance-related accessory
- Comes with wheelchair platform as standard for wheelchair access or standing exercises
- Only 6 watts of resistance needed to start and maintain programme function, ideal in rehab applications or for the 'not yet fit' user



Specification	PRO1
Workout	Upper Body
Head	Adjustable
Cranks	Adjustable
Console	Standard
Standard Seat	Swivel Seat
Removable Seat	Yes
Wheelchair Platform	Yes
Medical CE IIa Certification	Yes
Resistance	200 levels of bi-directional resistance adjustable in 0.1 increments
Programmes	Manual • Iso-Strength • Heart Rate • Constant Work • Random • Hill Profiles • Fit-Quik • Power Burst™ • Heart-Fit Test • Heart-Fit Training • Power-Fit Test • Power-Fit Training
Feedback	Heart Rate • Time • RPM • Calories • Distance • Level • Watts • METS
Power	Self-generating from just 6 watts with auto recharge and battery back up
Length	152cm
Width	76cm
Height	180cm
Weight	110kg
Max. User Capacity	204kg
Colour	Silver powder coated frame and grey metallic covers with UV protection
Warranty	3 years parts



Medical CE IIa certification and BS EN ISO13485:2008 for use in hospitals and clinics