

MODEL COMPARISON

PRO SERIES

Specification	PRO1	PRO2®	PRO1 IFI	PRO2 IFI	PRO1 Sport	PRO2 Sport	PRO1000	PRO1000 Sport
Workout	Upper Body	Total Body	Upper Body	Total Body	Upper Body	Total Body	Upper Body	Upper Body
Head	Adjustable	Fixed	Adjustable	Fixed	Adjustable	Fixed	Fixed	Fixed
Cranks	Adjustable	Adjustable	Adjustable	Adjustable	Adjustable	Adj. Upper/Fixed Lower	Adjustable	Fixed
Console	Standard	Standard	IFI Approved	IFI Approved	Standard	Standard	Standard	Standard
Standard Seat	Swivel Seat	Swivel Seat	IFI Approved	IFI Approved	n/a	Low Profile Fixed	Swivel Seat	Low Profile Fixed
Removable Seat	Yes	Yes	Yes	Yes	n/a	Yes	Yes	Yes
Wheelchair Platform	Yes	Optional	IFI Approved	IFI Approved	n/a	Optional	Optional	Optional
Medical CE IIa Certification	Yes	Yes	No	No	No	No	No	No
Resistance	200 levels of bi-directional resistance adjustable in 0.1 increments							
Programmes	Manual • Iso-Strength • Heart Rate • Constant Work • Random • Hill Profiles • Fit-Quik • Power Burst™ • Heart-Fit Test • Heart-Fit Training • Power-Fit Test • Power-Fit Training							
Feedback	Heart Rate • Time • RPM • Calories • Distance • Level • Watts • METS							
Power	Self-generating from just 6 watts with auto recharge and battery back up							
Length	152cm	155cm	175.8cm	176.8cm	152cm	155cm	155cm	155cm
Width	76cm	76cm	82cm	83cm	76cm	76cm	76cm	76cm
Height	180cm	156cm	180cm	156cm	196cm	156cm	156cm	156cm
Weight	110kg	100kg	127kg	129kg	86kg	100kg	95kg	95kg
Max. User Capacity	204kg	204kg	204kg	204kg	n/a	227kg	204kg	227kg
Colour	Silver powder coated frame and grey metallic covers with UV protection							
Warranty	3 years parts							

UPRIGHT & RECUMBENT BIKES

Specification	ISO1000	ISO7000	ISO1000R	ISO7000R	ISO7000R IFI
Workout Position	Upright	Upright	Recumbent	Recumbent	Recumbent
Console	Standard	Standard	Standard	Standard	IFI Approved
Standard Seat	Vertical & Horizontal Adjustments		Tall Back Fixed		IFI Approved
Pedals	Oversized • self-righting		Oversized • adjustable footstraps		
Cranks	Fixed cranks as standard • adjustable available as an option				
Medical CE IIa Certification	Yes	Yes	Yes	Yes	No
Bi-directional Resistance	No	Yes	No	Yes	Yes
Resistance	200 levels • adjustable in 0.1 increments				
Programmes	Manual • Iso-Strength • Heart Rate • Constant Work • Random • Hill Profiles • Fit-Quik • Power Burst™ • Heart-Fit Test • Heart-Fit Training • Power-Fit Test • Power-Fit Training				
Feedback	Heart Rate • Time • RPM • Calories • Distance • Level • Watts • METS				
Power	Self-generating from just 6 watts with auto recharge and battery back up				
Length	147cm	147cm	150cm	150cm	150cm
Width	61cm	61cm	66cm	66cm	66cm
Height	134cm	134cm	132cm	132cm	132cm
Weight	51kg	51kg	89kg	95kg	95kg
Max. User Capacity	159kg	159kg	204kg	204kg	204kg
Colour	Silver powder coated frame and grey metallic covers with UV protection				
Warranty	3 years parts				

TREADMILLS

Specification	AC5000	AC5000 IFI	AC5000M
Platform & Belt	Extra wide with large low static belt (56cm x 157cm)		
Deck	Eucalyptus - maintenance-free no lubrication		
Side Switches	Yes	Yes	Yes
Speed Increments	0.5kph	0.5kph	0.2kph
Speed Range	0.5-19kph	0.5-19kph	0.2-16kph
Reverse Speed	No	No	up to 6kph
Elevation Range	0% to 15%	0% to 15%	-3% to 12%
Medical CE IIa Certification	Yes	No	No
Full Side Handrails + Step	Optional	Yes	Optional
Programmes	Manual • Heart Rate • Programme Profiles		
Feedback	Speed • Elevation • Heart Rate • Time • Calories • Distance • Pace • METS		
Power	3HP Motor with inverter, mains power required		
Length	207cm	207cm	207cm
Width	80cm	80cm	80cm
Height	160cm	160cm	160cm
Weight	220kg	220kg	220kg
Max. User Capacity	227kg	227kg	227kg
Colour	Silver powder coated frame and black/silver metallic covers with UV protection		
Warranty	3 years parts		

RECUMBENT & UPRIGHT STEPPERS

Specification	RST7000	TC1000
Workout Position	Recumbent	Upright
Console	Standard	Standard
Standard Seat	Tall Back Fixed	n/a
Handgrips	Dual-position	Multi-position
Step Movement	Dependent	Independent
Medical CE IIa Certification	No	No
Contact Heart Rate	No	Yes
Resistance	200 levels adjustable in 0.1 increments	
Programmes	Same as PRO Series & Bike programmes	
Feedback	Heart Rate • Time • RPM • Calories • Distance • Level • Watts • METS	
Power	Self-generating from just 6 watts with auto recharge and battery back up	
Length	188cm	99cm
Width	76cm	66cm
Height	147cm	178cm
Weight	139kg	80kg
Max. User Capacity	227kg	170kg
Colour	Silver powder coated frame and grey metallic covers with UV protection	
Warranty	3 years parts	

RECUMBENT & UPRIGHT ELLIPTICALS

Specification	REX™	SXT7000	SXT7000e²
Workout Position	Recumbent	Upright	Upright
Console	Standard	Standard	Standard
Standard Seat	Low Profile Fixed (Swivel Seat + footstraps optional)	n/a	n/a
Handgrips & Footbeds	Dual-position handgrips and orthopedic footbeds with patented Bio-Flex™ technology		
Easy Entry Step & Handrails	n/a	No	Yes
Medical CE IIa Certification	Yes	No	Yes
Contact Heart Rate	Yes (not with Swivel Seat)	Yes	Yes
Resistance	200 levels of bi-directional resistance adjustable in 0.1 increments		
Programmes	Manual • Iso-Strength • Heart Rate • Constant Work • Random • Hill Profiles • Fit-Quik • Power Burst™ • Heart-Fit Test • Heart-Fit Training • Power-Fit Test • Power-Fit Training		
Feedback	Heart Rate • Time • RPM • Calories • Distance • Level • Watts • METS		
Power	Self-generating from just 6 watts with auto recharge and battery back up		
Length	185cm	152cm	190cm
Width	71cm	76cm	76cm
Height	140cm	160cm	160cm
Weight	128kg	120kg	138kg
Max. User Capacity	204kg	193kg	193kg
Colour	Silver powder coated frame and grey metallic covers with UV protection		
Warranty	3 years parts		