

SXT7000 UPRIGHT ELLIPTICAL

Key Features & Benefits

- Comfortable stride length ensures natural total body movement, proper posture, optimised torso rotation and core recruitment
- Orthopedic footbeds with front/side safety edges and patented Bio-Flex™ technology provide better circulation and eliminate hot spots and numbness common with other ellipticals
- Bi-directional resistance helps create balance between reciprocal muscle groups
- The pedal movement simulates walking on an uneven surface to help recruit stabilising muscles
- Multi-position hand grips for extra comfort and elliptical has low centre of gravity for increased user safety and stability
- Starting wattage of 6 with low minimum RPM to begin and maintain programme function, ideal in rehab applications or for the 'not yet fit' user



Specification	SXT7000
Workout Position	Upright
Console	Standard
Standard Seat	n/a
Hangrips & Footbeds	Dual-position handgrips and orthopedic footbeds with patented Bio-Flex™ technology
Easy Entry Step & Handrails	No
Medical CE Ila Certification	No
Contact Heart Rate	Yes
Resistance	200 levels of bi-directional resistance adjustable in 0.1 increments
Programmes	Manual • Iso-Strength • Heart Rate • Constant Work • Random • Hill Profiles • Fit-Quik • Power Burst™ • Heart-Fit Test • Heart-Fit Training • Power-Fit Test • Power-Fit Training
Feedback	Heart Rate • Time • RPM • Calories • Distance • Level • Watts • METS
Power	Self-generating from just 6 watts with auto recharge and battery back up
Length	152cm
Width	76cm
Height	160cm
Weight	120kg
Max. User Capacity	193kg
Colour	Silver powder coated frame and grey metallic covers with UV protection
Warranty	3 years parts



Medical CE Ila certification and BS EN ISO13485:2008 for use in hospitals and clinics