

# INTELLI-FIT™ CONSOLE

The ability to deliver scientific solutions for fitness is always the starting point for the SCIFIT product development team with measurable improvement being the key objective for the user.

The Intelli-Fit console has a completely new look and it is more intelligent and more powerful than ever. The full colour LCD screen is bright and clear, and the overall design is sleek and modern.

We have added six new, innovative programmes:

- 1 Fit-Quik
- 2 Power Burst™
- 3 Heart-Fit Test
- 4 Heart-Fit Training
- 5 Power-Fit Test
- 6 Power-Fit Training

These new programmes are in addition to the existing manual, heart rate, constant work, random, hill profiles and Iso-Strength to give the user a wider choice and measurable performance improvement. The console's in-built metrics provide consistent and accurate feedback to show fitness progression – vital for the very unfit, users that are rehabilitating from an injury or athletes looking to track even the slightest improvements.

Further enhanced features include a built in fan, integrated water bottle holder and dual USB ports.



## HOW IT WORKS

With Intelli-Fit you get clear, concise instructions on the screen. Combined with the easy to read graphical displays, this consistent and accurate feedback shows real time results. If you want to record and save the results you simply insert a USB flash drive into the port and the workout results are automatically saved.

SCIFIT offers the industry's largest range of watts in 0.1 increments for the ultimate in measurable performance at any fitness level. When it comes to comparing exercise equipment, it's what's inside that counts. The comprehensive line-up of fitness solutions are loaded with innovative features designed to let the user experience improvement at every level.

### Easy for Everyone

SCIFIT products offer the industry's lowest starting resistance, inclusive accessibility and intuitive consoles, so it's easy to get moving.

### Iso-Strength Programme

Mirrors your resistance at a constant speed to add power that is safe for everyone.

### Bi-Directional Resistance

By being able to change exercise direction throughout the workout, you exercise at a lower level of perceived exertion and higher level of resistance, thereby achieving greater results.

### Information is Power

Console feedback includes Watts, Heart Rate, Time, RPM, Calories, Distance, Level and METs.